

Volunteer with The Good Neighbours' Club!



Volunteering is a wonderful way to help the Good Neighbours' Club, while giving back to the community and finding meaning in our everyday lives.

We often have volunteer opportunities available in the club. Check back often for new opportunities.

Current Opportunities

1. Seniors in Cyberspace

Help our members gain computer literacy by sharing your knowledge of computers and the internet with adults and seniors in your community. Training and ongoing support is provided. This is a great way to complete community service hours towards high school credit.

For more information and to apply as a volunteer call: Lauro Monteiro, Director of Operations Good Neighbours' Club (416) 366-5377 ext. 225 or email – lauro@goodneighboursclub.org

2. Drivers

We are badly in need of drivers for our van to do pickups and to take our members to appointments. The commitment is up to you, but we need to cover Monday to Friday from 8am to 1pm.

Time Commitment: Minimum of 5 hours per week

3. Kitchen Help

Our kitchen and dining area are always busy - we serve over 200 meals a day! Volunteers help with preparing and serving meals, as well as keeping the kitchen and dining area clean.

Time Commitment: Minimum 3 hours per week

4. The Toronto Challenge

Every June, our members and friends of the Good Neighbours' Club run to raise money to help keep offering our members the best services for their needs. We welcome you to join our team and run for the Good Neighbours' Club. [In 2009, we raised just over \\$10,000 thanks to people just like you!](#)

5. Digital Photography Instructor

We have several members who are interested in learning more about digital photography and photo editing. We are looking for an experienced digital photographer to conduct a series of workshops for our members. An excellent opportunity for a student looking to gain some teaching experience!

Time Commitment: 1-2 hour workshop, weekly, bi-weekly or monthly depending on availability, plus prep time.

6. Special Events

Want to help put together a great party? The Good Neighbours' Club will be holding fund-raising events in both May and November.

We need volunteers to help with:

- Event Planning
- Soliciting silent auction donations
- Promoting the event (posters, letters, media)

Event Day

- Decorating and setting up the venue
- Photographing the celebrations
- Collecting tickets

Time Commitment: Variable, depending on role

